



*New York State Council of Administrators  
Of Health, Physical Education, Recreation and Dance*  
**ADMINISTRATIVE TIMES**  
**FALL 2010**  
2010 Conference Issue



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**President's Message...**

*Fritz Kilian*

I hope you have had a restful and relaxing summer. With the start of the school year comes renewed excitement and energy as students, teachers, and staff enter our school buildings.

I am enjoying my time as your COA president. The opportunity to work and collaborate with professionals throughout our great state has been a fantastic experience. I have had the honor and privilege of representing the COA at the NYS AHPERD Executive Committee meetings, NYSPHSAA meetings, and NYSCEA Meetings. I have had the opportunity to hear many different people speak on diverse topics with a common theme....providing the best education possible for our children. As Health and Physical Education Directors, it is important that we continue to provide the necessary leadership to improve the education of our children. As we adjust to new proficiency standards, we must be mindful that the correlation between physical fitness and academic achievement is clearly documented.

The New York State Council of Administrators conference is an excellent way to gain professional development, collaborate with other health and physical education professionals, and gain insight to new ideas that you can take back to your own school district. **The 2010 COA conference will be held at the Turning Stone Casino Resort on November 17-18**, in conjunction with the New York State Association for Health, Physical Education, Recreation and Dance. I urge you to not only attend, but to reach out to other Directors in your area and encourage their attendance.

I have chosen our 2010 conference theme to be **Leadership for the next decade**. Change is inevitable. Teacher evaluations, student assessment scores, annual professional performance review, Race to the Top, and budgets will continue to bring upon challenges, yet provide opportunities for improvement in our practice. Changes are challenging and our leadership is needed more than ever as we head into the next decade.

Highlights for our fall conference include:

- The design and implementation of a Certified Physical Education Program course which will be taught at this fall's COA conference. It is our hope that participants will find this new project to be a valuable source of professional development.
- The fall conference opening session will be a presentation by SUNY Cortland's Dr. Lynn Couturier, current NASPE president.
- The key note speaker is Jim Johnson, Varsity Basketball coach at Greece Athena high school. Coach Johnson will talk about his experiences in leadership and coaching Jason McElwain, otherwise known as JMac.
- A session on strategies that some New York State school districts are currently using to reach compliance with the Elementary Physical Education Mandates
- A session on best practices that some New York State school districts are currently using to implement the New York State PE Profile
- Updates from New York State Department of Education Associate in Physical Education Trish Kocialski
- Updates from New York State Department of Education Associate in Health Education Owen Donovan
- Updates from The New York State Public High School Athletic Association Executive Director Nina Van Erk
- The Anne Mackey Awards dinner where the following prestigious award winners are recognized:
  - COA Zone Award Recipients
  - COA Special Service Award
  - Director of the Year Award
  - Ellis H. Champlin Award

All of you do valuable work for your school district and community. I encourage you to attend our conference on November 17-18, 2010 at the Turning Stone Resort for two days of professional growth and collegiality. I look forward to seeing you there!

*Fritz*

# **COUNCIL OF ADMINISTRATORS 2010 STATE CONFERENCE**

November 17-18, 2010 at the Turning Stone Resort

Register online: [nysahperd.org/coa](http://nysahperd.org/coa)

## **A G E N D A**

### ***Wednesday, November 17, 2010***

- 9:00 a.m. – 11:30 a.m. COA Representative Board Meeting
- 10:00 a.m. – 1:00 p.m. **Registration**
- 1:00 p.m. – 2:15 p.m. **Session I ~ Opening Session**  
Dr. Lynn Couturier, NASPE President  
Department Chair/Professor of Physical Education  
SUNY Cortland
- 2:25 p.m. – 3:40 p.m. **Session II~Physical Education Profile**  
Mary Beth Walker – Penfield Central Schools  
Kermit Moyer – Chenango Valley Central Schools  
Suzanne Edwards—Chenango Valley Central Schools  
Teresa Price—Chenango Valley Central Schools
- 3:50 p.m. – 5:05 p.m. **Session III~The Process of Meeting the Elementary  
Physical Education Regulation**  
David Garbarino – Binghamton City School District  
Jeff Manwaring – Elmira City School District  
Murphee Hayes – Whitney Point Central School District
- 6:00 p.m. – 7:00 p.m. Reception
- 7:00 p.m. – 9:00 p.m. ***Anne Mackey Awards Dinner***

### ***Thursday, November 18, 2010***

- 7:00 a.m. – 7:45 a.m. Breakfast Buffet
- 8:00 a.m. – 9:15 a.m. **Session IV~NYSED Health Education Update**  
Owen Donovan, NYSED
- 9:25 a.m. – 10:50 a.m. **Session V TITLE TBA**  
**NYS AHPERD Keynote Presenter: Jim Johnson**
- 10:55 a.m. – 11:55 a.m. *Exhibit Time/Lunch*
- 12:00 p.m. – 1:15 p.m. **Session VI~Leadership Workshop**  
**Jim Johnson**
- 1:20 p.m. – 2:35 p.m. **Session VII~NYSPHSAA Updates**  
**Nina VanErk, NYSPHSAA**
- 2:40 p.m. – 3:55 p.m. **Session VIII~NYSED Physical Education Updates:**  
**Trish Kocialski, NYSED**
- 3:55 p.m. Conference Wrap-Up/Future Direction ~ Immediately Following  
Fritz Kilian, COA President

## **2010 CONFERENCE FYI...**

*Wednesday~*

*Dr. Lynn Couturier...*

This year's opening presenter is Dr. Lynn Couturier, Department Chair of Physical Education at SUNY Cortland, and current President of National Association for Sport and Physical Education (NASPE). The title of Dr. Couturier's presentation is "Academic Success and Physical Education: What the Research Tells Us."

*Thursday~*

*Coach Jim Johnson...*

Coach Jim Johnson is a high school basketball coach and motivational speaker. His story of giving an autistic boy ("J-Mac") on his team the chance to make his dream come true has captivated the hearts of millions of Americans.

Coach Jim Johnson has been featured on: OPRAH, ESPN, The JIM ROME SHOW and dozens of other national TV and radio programs. Jim's story is so inspiring; he was invited to meet with President George W. Bush and Secretary of State Hillary Clinton

Based on what transpired in a few short moments in early 2006, Coach Jim Johnson is now an authority on the subject of realizing your dreams. In his many public-speaking appearances, the Rochester, New York resident relates his role in a basketball game that got Hollywood calling. He also emphasizes the importance of teamwork and sportsmanship, delivering his talks with a heartfelt style that has brought audiences to their feet.

Coach Johnson has developed winning high-school basketball teams for nearly 25 years, taking over three losing varsity programs and turning them into winners in short periods of time. Of his 321 career victories, one in particular will surely never be duplicated.

On Feb. 15, 2006, Coach Johnson made the kindhearted gesture of inserting his autistic manager, Jason McElwain, now known to the world as J-Mac into Greece Athena High School's final home game, which the Trojans won 79-43. J-Mac scored 20 points in just over four minutes, including six three-point baskets, to become an instant national celebrity. Coach Johnson, also, was featured in major news outlets around the country. To make the Hollywood ending complete, Greece Athena captured the first Section 5 title of Coach Johnson's career a few weeks later. A second sectional crown followed in 2007, and Coach Johnson then coached the Trojans to their third straight league title in 2008 by posting a perfect 12-0 record in league play, netting Coach of the Year honors. His success continued in 2009 with a league co-championship (34-2 league record the past three seasons) and third sectional title in four years, with an overall record of 20-5, his first-ever trip to the state quarterfinals and more Coach of the Year accolades.

Coach Jim Johnson's message is positive: Dreams Really Do Come True!

*For more information, visit Coach Johnson's website at [www.coachjimjohnson.com](http://www.coachjimjohnson.com).*

# **COUNCIL OF ADMINISTRATORS SUMMER MEETING ~ JULY 27-28, 2010 LITTLE FALLS, NEW YORK**

## **Executive Committee-Zone Representatives**

On June 27, 2010 a meeting of the Executive Board and Zone Representatives was held at the Knights Inn Hotel in Little Falls, New York. Participants at this meeting were Fritz Kilian, Jim Rose, Kermit Moyer, Greg Warren, David Garbarino, Claude Kasman, Colleen Corsi, John Russo, Amber Wilcox, Lloyd Mott, and Carole Reiss.

### **Summary of the Meeting (by Kermit Moyer, COA Secretary):**

Fritz is very happy with the new leadership and the state of COA.

Fritz shared information he gathered at a recent NYS Council of Education Associates meeting. Commissioner Steiner is highly supportive of technology in education and is looking at ways to show flexibility in meeting graduation requirements. How will technology and flexibility effect health and physical education?

A letter will be sent to the new Commissioner sharing the concerns of COA.

### **Zone Reports**

**One:** (Jim Rose) Zone looking to perhaps have a bank account line through NYSAAA. They are exploring the possibility of an additional \$15.00 fee to raise revenue for the zone.

**Four:** (Dave Garbarino and Greg Warren) Zone will still continue to get more directors involved. Health and PE leadership teams were formed and met during the 09-10 school year. Also, ideas were presented to meet the elementary PE minutes.

**Nine:** (John Russo) Zone attempting to get the athletic administrators to meet as/with PE directors every other month. A series of town hall-type meetings are being discussed to generate more interest and participation.

**Ten:** (Amber Wilcox) A sample PE Plan will be forwarded to all Superintendents and PE directors. A mentoring program is being implemented to assist new directors. Amber will be pushing for more membership in COA.

**Eleven:** (Claude Kasman) Zone had 5 COA meeting during the past year, with each meeting tied to a professional development concept. Looking to continue this in 10-11 with all districts on the November conference day. Concern regarding the PE Profile and the fact that recent grads are not significantly aware of this and it is not taught/discussed in the college undergrad preparation.

**NYC:** (Carole Reiss) 32 districts are centrally organized. NYC does teach/support the Physical Best curriculum and Fitnessgram PE assessment. NYC Zone will be hosting a PE summit that will include all 32 districts; focus is to move PE/Health in a new direction (currently working on a drug abuse prevention program).

*It is noted that between zone reports ten and eleven, significant discussion took place regarding the concept of a **mandatory meeting for all Health/PE Directors**. Could this be implemented? Who has the authority? Colleen suggested we continue to network and push attendance at the annual conference.*

Following the Zone Reports, Lloyd Mott handed out a document outlining and reviewing the roles of Zone Representatives. He was able to visit 9 out of the 11 zones during the 2009-2010 year, and would like to visit zones 3 and 4 during the upcoming year along with three other zones. The new zone membership drive brochure was shared with the group. Everyone agreed it was well done. Colleen will send a brochure to each director and superintendent.

Lloyd Mott continued the discussion that focused on new committee—possibly a professional development committee that could work closely with the higher education committee. A discussion centered on possibly each zone having its own professional development chair, with each zone holding 1-2 meetings a year focusing on professional development. (Possibly a retired

director could lead this committee—Lloyd will contact retired directors.) Lastly, zone golf tournaments were discussed as a possible way of generating more social time and revenue for each zone.

## June 28, 2010-Day 2

**Treasurer's Report.** We discussed the possibility of putting money into an interest bearing CD account. (It was decided that we would not do this.) A lengthy discussion took place about applying for grants to support the work at the zone level. **Budget processes** were also discussed. Colleen Corsi supports each zone establishing a COA budget line. She also reminded the group that COA has a separate account (Denny Fries is the treasurer) even though it falls under the NYS AHPERD umbrella.

**Youth Sport Coaches Seminar:** The Northern Capital District conducted a seminar on August 19, 2010. These COA sponsored seminars will have a strong emphasis on philosophy while teaching drills, practice organization, and progressions. Lloyd will look at retired directors to take a leadership role in supporting this new initiative.

**Professional Advocacy:** We need to continue to push and support our programs. Several members shared what they do in their respective districts to support this concept. We also discussed the fact that AHPERD is looking to change physical education to physical activity. They will continue to pursue this name change event though the state level organizations do not.

**Parents as Partners in Wellness/PE:** This topic was initiated by Lloyd, a good discussion took place.

**Conference Planning:** Fritz to form a sub-committee to review our constitution and by-laws. We discussed awards and who would present them. Colleen suggested that the president present the awards. (It was decided that Fritz would present the awards in 2010 and 2011, and Jim Rose will present in 2012 and 2013.) Jim Rose will also take the lead to organize nominations, select award winners, and order the awards. The conference agenda was discussed at length. Claude Kasman will present a Certified Physical Education Program (CPEP) course on Wednesday, November 17 from 9 AM - 12. PM. This course will follow the AAA model, with the goal that all participants will be able to use this for professional development credit within their respective schools. Presiders were also selected at this meeting for all the conference sessions.

Fritz concluded the meeting by sharing with us a clip that can be used with students and staff. The video clip was of the late John Wooden and the teachings and principles he fostered.

## **ZONE AWARD RECOGNITION**

We are quickly approaching our conference. We need you to nominate directors in your zone for our COA awards. As you are all aware, we present our awards at the Anne M. Mackey Dinner. The dinner is a fantastic event and your willingness to nominate directors for awards is appreciated by everyone!

Jim Rose is our awards chairman, his contact information is:

**Jim Rose, Yonkers Public Schools Board of Education**

**1 Larkin Ctr., Yonkers, NY 10701**

**(914) 376-8292 [jrose@yonkerspublicschools.org](mailto:jrose@yonkerspublicschools.org).**

All the information that you will need is on the **COA web page:** [www.nysahperd.org/coa](http://www.nysahperd.org/coa). Please begin the process to fill all the awards for your section. Please provide information to Jim by October 1, 2010. If you have any questions, please do not hesitate to contact Fritz Kilian at (585) 242-5070 or via email at [fritz\\_kilian@bcasd.org](mailto:fritz_kilian@bcasd.org).

**CONTACT YOUR ZONE REP TODAY** (See zone rep information on page 7.)

# **CPEP: CERTIFIED PHYSICAL EDUCATION PROFESSIONAL**

*Claude Kasman and Judy Cummings*

As a director of health, physical education and/or athletics for your school district, you have myriad responsibilities that you manage on a daily basis. Your leadership must provide inspiration and you must demonstrate expertise in your subject area in order to gain the respect and credibility from parents, teachers, district administration and the board of education.

How can one address all of the aforementioned successfully? This was the question COA Chapter 11 members, Claude Kasman (Present COA Co Chair, Bay Shore Schools), Charles Delargy (Present COA Co Chair, Sayville Schools), Bill Groth (Riverhead Schools) and Judy Cummings (Past Co Chair COA, Bay Shore Schools) contemplated. The need for professional development is apparent. Thus, the genesis of CPEP: Certified Physical Education Professional.


CPEP will be available to all aspiring, new, and current director's who want to excel in their roles as director. These courses will supply the resources to current and future directors, to provide quality programs. The framework for the program will mirror NIAAA LTC's (Leadership Training Course) model. Some of the proposed course topics will include:

- Teacher Observation Process
- Curriculum Development and Articulation
- State and National Standards
- Facilitating Department Meetings
- Facilities Management
- State Physical Education Plan
- Technology in Physical Education
- State Regulations and Mandates

One will garner skills and tools to effectively facilitate staff meetings, manage time, observe and evaluate teachers, as well as make powerful presentations for the purpose of advancing your programs. Upon completion of the coursework, participants will receive support materials and a certificate indicating he/she has successfully completed all requirements.

The goal is to offer the first of several courses at the Fall 2010 COA Conference in Verona. This endeavor is truly cutting edge for our profession, and can have a profound influence on the eminence of health and physical education programs in our schools and communities.

## 2010-2011 COA ZONE REPS

<p><b><u>ZONE 1</u></b>            Jim Rose (President Elect)            Yonkers City School District            1 Larkin Center            Yonkers, NY 10701            914 -376- 8292  <a href="mailto:jrpeadent@comcast.net">jrpeadent@comcast.net</a></p>	<p><b><u>ZONE 4</u></b>            Greg Warren            Bainbridge Guilford High School            18 Juliand Street            Bainbridge, NY 13733            607-967-6300  <a href="mailto:gwarren@bgcsd.org">gwarren@bgcsd.org</a></p>	<p><b><u>ZONE 9</u></b>            John Russo            Warwick HS            PO Box 595            Warwick, NY 10990            845. 987.3000  <a href="mailto:Jrusso@wvcsd.org">Jrusso@wvcsd.org</a></p>
<p><b><u>ZONE 2</u></b>            Arthur "Chip" Corlew            Glens Falls city School District            10 Quade St.            Glens Falls, NY 12801            518 792 6564  <a href="mailto:acorlew@gfsd.org">acorlew@gfsd.org</a></p>	<p><b><u>ZONE 5</u></b>            Brian Donohue            Honeoye Falls-Lima CHS            83 East Street            Honeoye Falls, NY 14472            585 -624- 7071  <a href="mailto:brian_donohue@hflcsd.org">brian_donohue@hflcsd.org</a></p>	<p><b><u>ZONE 10</u></b>            Amber Wilcox            Gouverneur Central School            113 East Barney Street            Gouverneur, NY 13642            315 -287- 1902  <a href="mailto:awilcox@gcs.neric.org">awilcox@gcs.neric.org</a></p>
<p><b><u>ZONE 2</u></b>            Jamie Rockhill            Schoharie HS            PO Box 430            Schoharie, NY 12157            518 295 6600  <a href="mailto:jrockhil@schoharie.k12.ny.us">jrockhil@schoharie.k12.ny.us</a></p>	<p><b><u>ZONE 6</u></b>            Pat Burke            Lockport City Schools            250 Lincoln Ave            Lockport, NY 14094            716- 478-4473  <a href="mailto:pburke@lockport.wnyric.org">pburke@lockport.wnyric.org</a></p>	<p><b><u>ZONE 10</u></b>            Brian Norcross            Chazy High School            PO Box 327            Chazy, NY 12921            518-846-7215  <a href="mailto:norcorsb@chazy.org">norcorsb@chazy.org</a></p>
<p><b><u>ZONE 3</u></b>            Stan Congden            Herkimer Central School            Herkimer, NY 13350            315-866-2230 x1328  <a href="mailto:scongden@herkimercsd.org">scongden@herkimercsd.org</a></p>	<p><b><u>ZONE 6</u></b>            Cindy Bullis            Lewiston-Porter CHS            4061 Creek Road            Youngstown, NY 14174            716-754-8281 x3125  <a href="mailto:bullisc@lew-port.com">bullisc@lew-port.com</a></p>	<p><b><u>ZONE 11</u></b>            Jim Wright            Supervisor of PE, Athletics and Rec            South Huntington UFSD            60 Western St.            Huntington Station, NY 11746            631 812 3141  <a href="mailto:jwright@shufsd.org">jwright@shufsd.org</a></p>
<p><b><u>ZONE 3</u></b>            John Dippold            Solvay High School            600 Gertrude Ave.            Syracuse, NY 12309            315-484-1400  <a href="mailto:dippoldj@solvay.cnyric.org">dippoldj@solvay.cnyric.org</a></p>	<p><b><u>ZONE 8</u></b>            Ralph Amitrano            Mineola High School            10 Armstrong Road            Garden City Park, NY 11040-5299            516.237 2630  <a href="mailto:ramitrano@mineola.k12.ny.us">ramitrano@mineola.k12.ny.us</a></p>	<p><b><u>ZONE 11</u></b>            Claude Kasman            Bayshore CSD            75 West Pearl Street            Bayshore, NY 11706            631-968-1186  <a href="mailto:ckasman@bayshore.k-12.ny.us">ckasman@bayshore.k-12.ny.us</a></p>
<p><b><u>ZONE 3</u></b>            John Wells            Central Square High School            642 Main St.            Central Square, NY 13036            315-668-4288  <a href="mailto:jwells@cssd.org">jwells@cssd.org</a></p>	<p><b><u>ZONE 8</u></b>            Brenda White            Malverne High School            80 Ocean Ave.            Malverne, NY 11565            516-887-6485  <a href="mailto:bwhite@malverne.k12.ny.us">bwhite@malverne.k12.ny.us</a></p>	<p><b><u>ZONE 12</u></b>            Carole Reiss            Region 10 Learning Support Center            4360 Broadway            NY, NY 10033            917-521-3759  <a href="mailto:creiss@schools.nyc.gov">creiss@schools.nyc.gov</a></p>
<p><b><u>ZONE 4</u></b>            David Garbarino            (Immediate Past President)            Binghamton City School District            98 Oak Street            Binghamton, NY 13905            607 -762- 8147  <a href="mailto:garbarid@binghamtonschools.org">garbarid@binghamtonschools.org</a></p>	<p><b><u>ZONE 9</u></b>            David Coates            Middletown City School District            Gardner Ave. Ext.            Middletown, NY 10940            845-326-1532  <a href="mailto:dcoates@ecsdm.org">dcoates@ecsdm.org</a></p>	

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**To: Director of Health/Physical Education**

### **NYS COUNCIL OF ADMINISTRATORS CONFERENCE INTENSIVE TRAINING PROGRAMS WEDNESDAY, NOVEMBER 17, 2010 9AM - NOON**

#### **CPEP 101—Foundations of Physical Education Administration**

**Presenters: Claude Kasman, Judy Cummings (Bayshore UFSD)**

**Jim Wright (South Huntington UFSD)**

The goal of the Certified Physical Education Professional Program (CPEP) is to provide directors of physical education with history, knowledge and professional applications to enhance their ability to apply techniques that lead to the successful operation of public schools' physical education programs. Minimum of 12 participants / \$75.00.

#### **Development of Your District Physical Education Plan**

**Presenter: Mark Doody, Superintendent of Schools (Hudson Falls CSD)**

This course offers a "hands on, practical experience" for physical education directors, revising or developing their SED required District Physical Education Plan. Learn a variety of strategies to help implement this process successfully in a way that will provide positive support for your Physical Education Program. A course outline will be provided which, upon course completion, will enable the director to return to school and complete the district's plan. Minimum of 12 participants / \$75.00.