The **Central North Zone** is proud to recognize **Meg Gibbons** as their 2013 Amazing Person. She has been active in schools in both the Central North and Central South Zones since December 2007 as the Youth Market Director for the American Heart Association in Central New York. As the Youth Market Director, Meg “jumped” in feet first with her schools and Zones offering help whenever and wherever she could. She has been involved with Zone hiking days, snowshoeing, health fairs, kids walks and she has taught health classes and presented to student groups, all while serving her area of schools which spans thirteen counties and over 300 schools. She helps her schools with their Jump Rope for Heart and Hoops for Heart needs to insure successful campaigns, earning money to fight both childhood obesity and heart disease. In service to the Central North Zone and NYS AHPERD, Meg has served as an active board member, as the Jump Rope For Heart and Hoops For Heart Representative and she has presented at both Central North Zone and Central South Zone Conferences. Throughout her years of service she has recruited several of the active Central North Zone board members. It is with great pleasure that the **Central North Zone** recognizes **Meg Gibbons** as their 2013 Amazing Person.