The 2016 recipient of the NYS AHPERD Middle School Physical Education Teacher of the Year Award is Christina Buschmann. Christina was a physical education teacher and coach in the Clinton Central School District for 30 years. She served as the Department Chair for Health and Physical Education for 14 years. Throughout her career she utilized different teaching methods including, peer coaching, student self-direction, Don Hellison’s levels of self-responsibility and emphasized social accountability. She continually demonstrated her commitment to the theory of PMA, Positive Mental Attitude. Her daily message of positive, healthy and happy is what made a difference in her classroom. She was the co-advisor to Rachael’s Warriors, an organization that helps to prevent bullying and promotes a caring community. Christina is an active member of Central North Zone serving as the JRFH Coordinator, event sponsor for both Hit the Trails Hiking Day and Slip Sliding Away Weekend and she is a member of the Amazing Person Award Committee. Christina has presented and presided at both Zone and state conferences including, presenting the keynote session at the Central North Zone Mini Conference. Christina was honored with the NYS AHPERD Joy of Effort Award, the Central North Zone Professional of the Year Award, Middle School Physical Education Teacher of the Year Award and the Amazing Person Award. Christina’s colleague said, “Christina’s energy is contagious and she is always willing to challenge people’s thinking. Her positive energy and optimism for life and passion for physical education and health are displayed daily, she is a role model for all ages.” President Rose, it is my honor to present to you the recipient of the 2016 Middle School Physical Education Teacher of the Year Award, Christina Buschmann.