The Central North Zone is honored to recognize Amy Coleman as their 2019 Amazing Person. Amy received her Bachelor of Science in physical education and a master’s in health education from SUNY Cortland. She is a middle school physical education teacher in the Mt. Markham Central School District. Amy displays her strong work ethic at school by instructing coaches in CPR and first aid training; facilitating a babysitters course; coordinating the school’s health fair; and volunteering as the Running/Walking Club advisor. She also coaches youth basketball for the Madison Optimist Club and is an American Red Cross certified lifeguard/CPR/First Aid instructor. Amy has been active in the Central North Zone serving as president and newsletter editor. She has been honored in receiving three awards from the Central North Zone, including Middle School Physical Education Teacher of the Year, the Bob Brown Service Award, and the Cheri Stevens Service Award. Amy was also the recipient of a Community Impact Grant Award and recognized as Volunteer of the Year by the Herkimer Area Resource Center. It is with great pleasure the Central North Zone recognizes Amy Coleman as their 2019 Amazing Person.