The Central South Zone is honored to recognize Helena Baert as their 2019 Amazing Person. Helena received her bachelor’s degree in physical education from Teachers’ College Gent, Belgium; a bachelor’s degree and her master’s degree in kinesiology from the University of Manitoba, Canada; and her doctorate in kinesiology pedagogy from the University of Arkansas. She is an associate professor in the physical education department at SUNY Cortland. Helena has been the recipient of several grants, including a Teaching Innovation Grant from SUNY Cortland and an Innovation Instruction Technology Grant. She received the Undergraduate Research Assistant Program Award for seven years. Helena has presented at zone, state, district, national and international conferences in physical education and has numerous publications to her credit. She is a member of the International Association for Physical Education in Higher Education. Helena serves OPEN as an Early Childhood Advisory Board member and a Development Council member. She is also serving on the NYS Learning Standards Revision Committee and is a member of the SHAPE America Early Childhood Education Advisory Board. It is with great pleasure the Central South Zone recognizes Helena Baert as their 2019 Amazing Person.