The 2019 recipient of the NYS AHPERD Director of the Year Award is Carol Roseto.

Carol received her degrees from Hofstra University and Adelphi University. She has served the Rockville Centre Union Free Public Schools as director of physical education, health education, driver education and athletics for the past ten years. Carol was paramount in pursuing and executing a 1.37 million-dollar Carol M. White Grant to improve the programs and facilities throughout the district. To her credit, high-tech sound systems were installed in gymnasiums district-wide, along with utilizing heart rate monitors throughout the K-12 curriculum, enabling physical education teachers to be data-driven and adapt their lessons accordingly. Carol worked with key stakeholders to pass a 46 million-dollar School Bond Project. This project included the building of a brand new fitness center, and the installation of two new turf fields to expand outside curriculum in the fall and spring. She created physical education and health education websites and a “shared” teacher folder, so teachers district-wide can communicate with parents or guardians and each other. Carol is currently secretary for the state Council of Administrators, serves in numerous Section VIII Council of Administrators leadership positions and is Section VIII representative on the New York State Transgender Committee. She has received many professional awards, including Council of Administrators Section VIII Administrator of the Year, and Section VIII and Nassau County Physical Education Director of the Year. A colleague wrote, “Carol has laid the groundwork and changed the landscape of our physical education, health education and athletics programs that will be felt well into the future. Her incredible love for her students, teams and athletes, her concern for their safety and her enthusiasm are what set her apart. Carol is philanthropic with her time and is a master in the art of providing equity and a well-rounded education for all students.” It is an honor to present the recipient of the 2019 Director of the Year, Carol Roseto.