The Health Education Section is honored to recognize Dr. Catherine Cardina as their 2019 Amazing Person. Katie received her Bachelor of Science degree in physical education from SUNY Buffalo and her master’s and doctorate degrees in health education and promotion from Ohio State University. She currently works at Buffalo State College as an associate professor of health, nutrition and dietetics. Katie has become an integral part of state-wide advocacy efforts to improve comprehensive K-12 health education and sexuality education for all students. She spearheaded the letter-writing effort to fill the NYS Education Department vacancy for an associate in health education and to uphold the integrity of teacher certification in health education. She represented NYS AHPERD at SPEAK Out! Day in Washington, D.C., and serves on the Jay B. Nash and Health Section Awards Committees. Katie’s recent work has been published in JOPERD, the SHAPE America Blog, Pedagogy in Health Promotion and The Journal of Health Education Teaching. Her commitment to research-based practices and dedication to advocacy in the field of health education serve as an exemplar to all of us. It is with great pleasure the Health Education Section recognizes Dr. Katie Cardina as their 2019 Amazing Person.