The 2019 recipient of the NYS AHPERD Jay B. Nash Outstanding Major of the Year Award is Allison Schepis.

Allison is a senior at SUNY Cortland majoring in physical education. She joined the Alliance of Physical Education Majors Club as a freshman, served as secretary, vice president and is currently president. Allison is an executive board member of Sigma Delta Tau Sorority and has received numerous awards for her leadership roles on campus. Her leadership extends to serving NYS AHPERD as the Central South Zone’s Future Professionals Section Representative, organizing the Zone’s Food Committee, welcoming and presiding at conferences, and participating at the Ken Demas Future Professionals Leadership Academy. Allison has attended the SHAPE America Conference twice and the NYS AHPERD Annual Conference since 2016.

A professor wrote, “Allison exudes a love of children, teaching and physical education. The benchmark I use in making a recommendation is, “Would I want this person to be my children’s physical educator?” With Allison my answer is an unqualified and enthusiastic Yes! She represents the best in our profession.” It is an honor to present our 2019 recipient of the Jay B. Nash Outstanding Major of the Year Award, Allison Schepis.