The 2019 recipient of the NYS AHPERD Lifetime Service Award is Judy Ingram.

Judy earned her degrees from Springfield College and SUNY Stony Brook. Fifty-six years ago, she began her career as a physical education teacher in the Sachem School District. In 1971 Judy joined the staff at Center Moriches where she taught until her retirement 25 years later. Judy has devoted her professional life to NYS AHPERD as demonstrated by her extensive list of leadership roles and contributions. At the state level, she served as association president in 1993 and subsequently served as a member of the Board of Directors. Judy fulfilled the role of Executive Council parliamentarian and with her knowledge and expertise, chaired the Bylaws & Operating Codes Committee. For over 20 years, she has been a member of this committee, helping to ensure necessary changes are made to the important documents governing NYS AHPERD. She was chair of both the state Necrology Committee and the Jump Rope for Heart and Hoops for Heart Task Force. Judy served as president of the Suffolk Zone and for over a decade, she remained on the Suffolk Zone board and the Jump Rope for Heart Committee. She served as president of the Retirees Section and held numerous positions in the Section, including secretary and program planner. Now, in retirement, she is an advocate for retirees to remain involved and has been a valued member of the conference registration team since its inception. Judy has been extensively engaged with the Eastern District Association, serving as president, conference program director and a Board of Governors representative to the American Alliance for Health, Physical Education, Recreation and Dance. Judy is a Foundation trustee and a Diamond level contributor; all because of her sincere desire to help fulfill the goal of the Foundation to leave a strong and secure legacy for generations of educators to come. She has been honored with many professional awards, including the NYS AHPERD Distinguished Service Award, Professional of the Year Award and the Ginny Kendall Retirees Amazing Person Award, as well as the Eastern District Tilia J. Fantasia Award. Her colleagues wrote, “Judy has, indeed, given a lifetime of love and service to NYS AHPERD. Her passion, devotion and energy are unparalleled, and have been the standard by which many have tried to emulate. Judy believes strongly in our profession and our mission, and has contributed greatly to the direction we have taken over the past 45 years; a professional lifetime.” Let us together celebrate Judy Ingram and her lifetime service to NYS AHPERD as we honor her with our 2019 Lifetime Service Award.