The Nassau Zone is honored to recognize Henry Opperman as their 2019 Amazing Person. Henry received his bachelor’s degree in health and physical education and his master’s degree in sports management from Adelphi University. He recently earned an Educational Technology Specialist Teaching Certificate from Molloy College on Long Island. Henry is a health education and physical education teacher at Uniondale High School. He utilizes skill-based instruction when teaching health education, and utilizes technology whenever possible in both his health and physical education classes. He has been active in the Nassau Zone for the past 11 years. He served as Nassau Zone secretary, and is currently Zone president-elect, vice president for Health Education, and mini-grants chairperson. He serves on several Nassau Zone committees, including the high school awards dinner committee, the bylaws committee and the budget committee. Henry was the Nassau Zone Future Professionals Representative while attending Adelphi University. He has presented at Nassau Zone conferences and NYS AHPERD annual conferences. It is with great pleasure the Nassau Zone recognizes Henry Opperman as their 2019 Amazing Person.