The Retirees Section is honored to recognize Lee Mittelstaedt as their 2019 Amazing Person. Lee received a Bachelor’s degree from SUNY Cortland in physical education and a master’s degree in guidance and counseling from St. Lawrence University. After 34 years of teaching physical education at Norwood Norfolk Central School, she retired in 2010, but continues to substitute in all disciplines. Lee has been an active member of NYS AHPERD for 23 years, having served as president of the Northern Zone and as a member of the Board of Directors. She is currently secretary of the Retirees Section and has been a proud volunteer member of our conference registration team since 2010. The retirees who volunteer at the conference play a crucial role in its success, as they help things run smoothly and ensure planned and unplanned details are addressed. Lee has always been flexible and reliable year after year, and has always enthusiastically assisted with any task asked of her. She was honored with receiving the Northern Zone Amazing Person Award in 2002. It is with great pleasure the Retirees Section recognizes Lee Mittelstaedt as their 2019 Amazing Person.